

CHAPTER II

# ESSAYS ON A NEW ARCHITECTURE FOR THE THIRD MILLENNIUM

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for a new  
architecture



## BACKGROUND

In this world where we control the cosmic pressures, almost to perfection, we should not forget that this perfection is supported by some difficult virtues of man and the slightest fault in these virtues would quickly volatilise any achievements that we have made. We also should not forget that the twentieth century and the beginning of the twenty-first century collected the scientific and technological benefits from our ancestors.

Life usually contracts from these successful moments and the current abundance of possibilities can become a scarcity; a distressing impotence, a real decadence. In the socio-economical aspect, this global crisis has already started due to the so-called globalisation and the loss of values, where we live in confusion, with no plans; we do not know where we are going, we do not have a definitive route, and the actions of the leaders are not solving the crisis, but only avoiding it by using any methods to keep them in power.

Therefore, for the first time in our “culture of social welfare”, it is beneficial not to know what is going to happen tomorrow in order to control everything because we are not the owners of ourselves; we feel lost in it all even though we know that we have more knowledge and techniques than ever before.

We now move away from this strange dual feeling of arrogance and insecurity that lives in our contemporary souls. And nowadays, where we prefer...

*Healthy body in healthy mind;  
The garden of aesthetics rather than  
the garden of substance;  
The tidy garden rather than  
the untidy garden.*

And where every piece of land is not confined to a geometrical place, it acts in other parts of the planet in order to create visual effects.

According to the physics principle that things remain where they are, today we will recognise the most effective ubiquity anywhere in the world. This presence of the absent, this proximity of the distant has increased the horizon of every life. Therefore, it is possible that we can be in more places than before, enjoy more experiences and consume more cosmic time in less vital time.

Although we have discovered the most “domestic” man, who believes in ignoring all of the preconceived ideas of classicism and he does not recognise any former models or rules which we now have after so many centuries of evolution. It seems, however, to be a new beginning, a dawn, an initiation, a childhood and if we look back through the eyes of the “domestic” man, the Renaissance seems to be a very narrow period of time and some empty gestures make it seem pretentious.

The general idea of the “domestics” of our time comes from this clear separation between the past and the present. It feels that it is suddenly alone on the earth and that the traditional spirit is gone. Models, norms or patterns are not useful at all and it has to solve its own problems without any active collaboration with the past and without the principle which believes that all the natural processes that took place in the past, are the same as the ones which happen today in the present, whether that be in art, science or politics. In other words, it has lost its shadow which always appears at midday.

On the other hand, however, the person who lives comfortably is conscious of the relationship between today and other past times.

## CALM DISCUSSION WITH OUR PREDECESSORS AND CONTEMPORARIES

In this historical time, when everything seems uncertain, it is difficult to cling on to something. We look with our eyes, we tidy up our memory box and we have a quiet discussion with our predecessors and contemporaries in order to exchange their knowledge and in order to understand their wisdom and strength so that we can progress. It does not matter if we make mistakes because these first steps to the "New Architecture" call for new decisions, the results of which we do not know. Therefore, the fear of failing should not stop us from getting to the "new society" and the "new Architecture".

### LET'S PERPARE FOR THE JOURNEY TO THE NEW ARCHITECTURE

Seen as life can never go backwards, we can make the transition to eternal youth because our thoughts are more modern, more updated and they will remain for longer on the face of the earth. Let's prepare the journey to travel through the New Architecture. Continuing on with the current architecture would be playing it safe and so we will choose the best route, which is to leave the past and present behind and to stay within the present of the "New Architecture" that is wrapped up in its "Interior Beauty", the feelings, the truth, the happiness, the poetry, the art within our hearts, tenderness and love; love being the only thing that grows over time when it is shared with others.

Let's begin the journey slowly but without following any directions because "the most important things develop over time". Let's also fuel the fire of dissatisfaction and difference as though it were the last day of our lives and let's keep in mind that it is impossible to reach the end without having started. Your "Internal Beauty" begins your journey on the earth and helps you to find yourself. With your internal beauty, we can learn that everything which is missing on the outside can be found from within.

And let's renovate the earth's energies in order to gain the necessary space for new ideas and consequently convert the future into the present and the past into the past and so that we can express all our dreams except those which are led by prejudices.

In order to achieve the objective that the "New Architecture" prevails, the only thing needed is for it to exist. This means that the Architect-Designers must be Architect-Designers because for many years, architects have been everything but architects; they have been politicians, teachers, authors and scientists.

*"The External Beauty" of the body  
is fragile; it does not last forever, it is uncovered,  
it is what it is and it does not lie.  
Others can observe and measure it by simply looking.  
"The Interior Beauty" that comes from the soul,  
is firm, constant, captive;  
it is seen by the heart and cannot be captured on  
camera.  
It is measured from within to infinity.*

### THE CHANGE IN OLD THINKING PATTERNS

The thinking patterns that are used as inspiration and creation for designs and habitats of the "Current Architecture" are fundamentally based on two general premises:

The development of functional activities.

### THE EXTERNAL PHYSICAL BEAUTY

This means that everything has a shape which is based on human and nature proportions (animals and plants), under some aesthetic patterns and is based on the harmony of shapes also.

Whereas the thinking patterns of the “New Architecture”, which I proclaim is a completely different conceptual innovation, and I have written about its basic premises below.

#### METAPHYSICAL INTERNAL BEAUTY

This consists of nature, the Universe, its subtle and global energies and its interaction with human beings.

#### SPATIAL SHAPES OF BUILDINGS

These do not have great significance. What really matters in the “New Architecture” is creating and constructing buildings that breathe like humans do, that smell, that open their eyes in our presence so that we can cherish and enjoy them. When they disappear, they integrate themselves into the natural cycle, like we do, in order to sustain future generations. We need to delete the “Thinking Patterns” of the Current Architecture before we start to deal with the ideas of “New Patterns”, and to do that we need to think about the following concepts:

#### THE EGO

The ego acts as a mediator against the external world and it allows us to create a limit between our internal-psychological life and the exterior conscience. By developing our ego, we are able to contact our “interior sphere”, giving us greater creativity, serenity and compassion towards other people and nature.

#### GLOBAL ENERGIES

If we look inside ourselves, we can understand how important it is to have a balance between the conscious and unconscious world. And the more we mature spiritually and delve deeper into self-knowledge, the better connections we will have with the universe. It will also create a fluent conversation between the conscious and unconscious worlds which will make our relationship with the universe easier. You could say that everything is energy: feelings, thoughts, words, actions and matter. Each are different forms of energy. Some are denser and others are more subtle. Some are positive and beneficial and others are negative and judgemental. Positive thinking helps to make life easier for everybody whereas a negative thought harms the entire planet. At present, the energy contributions that man makes on earth are not harmonious and balanced; they are inharmonious and unbalanced. They create wars, deforestation, negative thoughts, hatred, greed, poverty, violence, fear, rape and physical and psychological abuse to other living beings and to other species. The quality of a man's energy emissions depend on his level of consciousness. If our level of consciousness is high, then we can help everyone else and consequently we can increase our quality of life and the quality of life of other human beings and the Planet Earth. If we have a low level of consciousness, it makes our thoughts, feelings and emotions from the ego emit very dense and heavy energies that unbalance the harmony of the world and of human beings also. In order to vary our energy emissions, we have to change our level of consciousness and then our energies will immediately change. We can easily check the density of energies that negative people emit and we can also check the benefits of healthy-minded people who take care of their habits. Unfortunately we are completely unaware of how we should behave on our Planet and therefore we should increase our level of consciousness so that our energy emissions are favourable, harmonious and balanced. The Earth currently has a number of unbalances such as climate change, the deterioration of the ozone layer and the melting of the ice caps. We should understand that the Earth is our home and any unbalance that we produce, we are unbalancing ourselves also. It would not be the first civilisation to destroy itself by destroying its own habitat. We all know that fossil fuels are scarce and exhaustible and we should use them responsibly in order to sustain future generations. It is obvious that energy is essential, a guarantee and a catalyst of our progress and social well-being. Using energy purposelessly can have some serious environmental and economic implications that affect us all.

We must be responsible and rational with the consumption of energy and therefore we will adopt behaviour patterns and bear in mind the following objectives:

1. Encourage the use of renewable energies
2. Use traditional energies as support and always use the correct measurements to minimise and eliminate any pollution which they produce
3. Self-sufficient energy

Reduce waste to the minimum and re-use it to the maximum

As a final thought, we must build the New Architecture with these premises in mind, in order to move to a higher level of consciousness and bioclimatic and to avoid energy losses as much as possible. It is important to use the planet's energies appropriately; polluting as little as possible and using renewable energy wherever possible. By doing this, we will not only be contributing to the environment but to ourselves also.

#### SPIRIT

The spirit is gifted with intelligence and represents the non-material part of the man; the part that thinks, feels, reasons, loves...

THE SPIRIT OF TIME represents the intellectual and cultural climate of an era. The spirit does not need any body in order to survive and from that we get the concept of pure spirits.

#### EMOTIONAL INTELLIGENCE

Man must know the existence of Emotional Intelligence to control his emotions and impulses that go beyond his knowledge in order to become more balanced and harmonious. Emotional Intelligence is a way of interacting with the world that takes into account feelings and includes certain abilities such as controlling impulses, self-conscious motivation, enthusiasm, perseverance, empathy, mental agility and so on. They make up the features of a character such as self-discipline, compassion or generosity, which are essential for a good and creative social adaptation.

You cannot predict the future and life; there are no fixed parameters from the moment of birth. Life has to be developed, we have to take care of it, encourage it and nurture it every day. In order to understand this concept of Emotional Intelligence, we are going to make an analogy of a reservoir filled with water and the dense energies that it can produce such as potential and kinetic energy.

If the reservoir closes its gates, it cannot produce anything but we have potential energy waiting to be used, and if we open the gates then this potential energy is converted into kinetic energy, which allows us to create electricity and do some work.

The same happens with Emotional Intelligence, which can be represented by the potential energy. If we do not use it and do not encourage it day by day, we would not be using the human body to its full potential because the human body consists of the body and spirit, which is the emotional intelligence, and we would only be using the body. Daniel Goleman explains this concept thoroughly in his book, *Emotional Intelligence*.

Thus, we conclude that the real world can go beyond the experience of the senses which would create a "sensitive world" and an "intelligible world" that correspond to the spiritual body.

#### THE SENSES

The human being and plants and animals in general, are part of an environment that continuously requires reactions in order to survive. The sense organs are of vital importance as the human body needs information so that the internal organs can be balanced.

#### CIRCUMSTANCES, THE WORLD AND SUBTLE ENERGIES

These are the peripheries of our lives and they represent what we can be so that our world or our possible life is always more than our destiny or effective life.

J.Ortega and Gasset once said,

“I am myself and my circumstances.”

And I say,

“I am myself and my subtle energies, or,

We are our own habitats and their subtle energies.”

Humans are balanced beings amongst the quadrants (Physical, Emotional, Intellectual and Spiritual). The first three quadrants, Physical, Emotional and Intellectual would correspond to the “I” and the “habitat”; we can act directly on them and transform them. The Spiritual quadrant would correspond to the circumstances or subtle energies. As all lives or worlds are the repertoire of our vital possibilities, they can lead us to an environment of determined possibilities, an environment which is not too far away from us or alien to our life. We can only choose the circumstances or the negative or positive subtle energies that put nature, the universe and the cosmos within our reach.

Once we have described these previous concepts, taking into account that we are mortal beings; finite human creatures, we should wait until we are able to understand and prove the existence of something infinite, such as “Interior Beauty” and subtle energies. There are no tools to measure these things but we endure them and we feel the physical or psychological symptoms of their positive or negative effects. We are now ready to begin the affirmations of the “New Patterns”.

*FADI!*

*Creativity happens when it happens  
and the only thing that we can do,  
is to be awake when it appears.*

*Work, work, work...*

*Working in your room in Cambrils,  
I can only help you find the  
knowledge which is from within yourself,  
surely this will be better than transmitting  
my limited wisdom to you.*

*Friend, do not try to design better than anyone else,  
only try to design better than yourself.\**

\*I wrote these sentences for Fadi, the son of my dear friend Imad, who is about to become an Architect in Jordan and who has done some of his practice work in my workshop. Good luck Fadi and remember that it is your decisions that will determine your destiny, not the circumstances.

*TO A YOUNG FRIEND JORGE MARAVENTANO:*

*The one who follows their dreams does not sit down and wait for things to happen by themselves,  
the one who follows their dreams knows that he is not alone in the world,  
he knows that every action carries its own circumstance,  
and he believes everything can be different from what it is now,  
but to do this, we have to find a path towards a new horizon,  
a path that nobody has walked down before,  
and his ability of observing helps us find new solutions for old problems.*

## NEW THINKING PATTERNS

### VENUS VS APHRODITE AND THE FLAME OF LOVE

In Roman mythology Venus was the goddess of beauty and fertility and she was related to Aphrodite, the Greek goddess of feminine beauty.

Whilst beauty and aesthetics of the past and present architecture could be represented by Venus or Aphrodite, the “New Architecture” can be represented by “The Flame of Love”. The “New Architecture” intends to create habitats that transmit light, harmony, sensitivity, wisdom, happiness and love to its inhabitants and its cities and houses will be built on the basis of love in order to reflect the “Internal Beauty” and the subtle energies of the Universe.

### HABITATS AND HEALTHY ECOSYSTEMS. GLOBAL HEALTH

In twenty-first century houses, a new perception of ecology must exist where morphology guides biology in the behaviour of animals and human beings and where we can see secret energies that link us to our houses and surroundings. This way, we will find the access bridge between the material world and the subtle energies and we can create, then, habitats that will improve the individual physical and mental health, which are communally related to the health of ecosystems and the planets.

### LIMITATIONS, PATTERNS & FENG-SHUI

The “New Architecture” is about clearing away the old patterns and limitations because they are useless for the new era. The new era uses all the cosmic energies (dense and subtle), prioritising people so that they can gain mental and physical health.

I think it is important to mention that under the concept of “Subtle Energies”, there is the doctrine of Taoism which consists in preserving the harmony between men and nature; the origin of Feng-Shui schools. Yet if Feng-Shui was applied pointlessly, it would be a limitation and it would be useless for the “New Architecture” which begins from the Universal Spirit. However, it is useful if it is applied as part of the universal geomancy.

### DIRECTION OF THE NEW ARCHITECTURE

My proposal of the “New Architecture” goes in an opposite direction to current architecture which is designed and constructed to protect the environment. Although I am aware that a house, like any building, produces an interior climate, it is a frontier that defines the inside and the outside. However, in all buildings, the three vertex of a triangle must interact to form the User, the Building and Ecology (subtle energies). Thus, the new natural habitats must be integrated with the environment in such a way that human beings are no longer disconnected from the natural world which entails new relationships with natural elements such as air, water, sun, sky, earth and subtle and dense energies. To sum up, we can criticise the physical well-being and state of mind.

### THE NEW BUILDINGS ARE LIVING BEINGS

In some way, the building is a living being to which we are linked to through an extraordinary number of invisible threads of energy in all the dimensions of the being. The people living in it are aligned with them and are influenced in their way of feeling, thinking and acting. They keep a very close connection to our health, our own mind and physic well-being, with our “Subtle Energies” that will transmit balance and harmony to the mind, body and spirit and that the Architect-Project Designer will create as architectural shapes that are non-transcendental in the New Architecture.

*THE NEW ARCHITECTURE*  
*To me, the New Architect is,*  
*the sculptor who guides the subtle energies*  
*with his pencil,*  
*from here to there,*  
*to create healthy homes,*  
*physically and psychologically.*

# EMOTIONS AND SUBTLE ENERGIES

## EMOTIONS

We can say that FEELING and THINKING are things which are interlinked and form an undividable unit. In order to be able to interpret our surrounding we need both things and coordinating them will give an array of expressions to the only man on earth and in normal conditions, the emotional and rational part of the human being work together in a harmonic way.

A house, a song that reminds us of past relationships and experiences or seeing something sweet and affectionate makes us feel homesick, sensitive or angry.

Sometimes a feeling in our stomach or a voice in our heart helps us to make decisions, to discover a fantastic opportunity and warn us from something bad. These somatic indicators, positive or negative, can automatically show us the elements of the stages of our personal life.

Emotions usually turn into means of communication, and most of the time emotions and state of mind are expressed in our faces, in the tone of our voice or in our manners.

We could sum up by saying that the emotional brain guarantees survival in limited situations, by quickly recognising dangerous situations. The rational side of the brain softens and relativises the ocean of emotions that invades us and it also sharpens the reaction models from the emotional side of the brain.

## SUBTLE ENERGIES

There are two kinds of energy: dense and subtle.

### DENSE ENERGIES

These are the physical energies that we already know about; thermal, electrical, magnetic, electromagnetic, gravitational.

### SUBTLE ENERGIES

These are the energies that cannot be examined by modern technologies but that are identifiable by their positive or negative effects over the human organism, animals and plants. They are controlled by laws which have nothing to do with Physics, and can even seem eccentric. According to Roberto Zamperini, subtle energies are nothing more and nothing less than the fifth force that Physics Scientists are looking for; the force that should be united with the other four. And if that ever happened, this unification would have a much higher impact than what researchers can imagine.

Architecture is the art  
that feeds on the subtle energies  
of literature, music,  
paintings and sculptures...  
Where the water that stores  
the subtle energies of the building,  
is the architect's drawing sheet,  
where he plans the building  
and draws with words, thoughts, feelings,  
invisible subtle energies ...  
which fill the material container that  
limits the habitats created by  
designers and architects

As Roberto Zamperini describes in his publications about Subtle Energies, “Our body receives life and vitality from an energetic structure which is usually invisible but real, made by the vital force of subtle energy”. “This structure that we can call the body of subtle energy is the “mind” and the memory that guides the physical body, its organs and systems”.

“The subtle body is also the guide to the states of coexistence between emotions, thoughts and creativity”. As we can observe, there are energies that cannot be measured, but we can feel them in certain situations, for example when we walk into a shop and sometimes we feel good and other times we feel bad. Also when we go into a house and we feel a sense of oppression, of doubt, without any possible scientific explanation. What is it? We also know that the human body absorbs, produces and emits a huge amount of dense and subtle energies, which is why we are in a universe of infinite dense and subtle energies and they are all constantly interacting. There is an exchange between dense and subtle energies of human beings and the Universe. These conglomerations of energies and vibrations of the environment are invisible and cannot be measured. And as every material and every living being has their own frequency, they all get aligned and interconnected with the frequencies emitted by materials and human beings. This is the reason why a building turns into a living being that permanently transmits the frequencies of the concepts, emotions, personal experiences of its inhabitants and also the material that was used for the fabrication, decoration, furniture, carpets. They are all energies and invisible vibrations of the surroundings, of the buildings and of the people that interact with them and they influence the human beings in their way of feeling, thinking and acting.

#### UNIVERSAL SPIRIT

This brief reflection on Emotions (feeling and thinking) and Subtle Energies opens the door to the intellect; to start a conversation with the “Universal Spirit” that represents a conglomerate of invisible energies which are present in our lives and in our happiness.

The New Architecture takes some basic concepts such as energies, vibrations and invisible resonances as tools to create any kind of specific or communal habitat (buildings, cities etc). But we have to understand well that we will always work with subtle energies, the “Spiritual Mind” of the people who have to live in these habitats.

We will now leave the premises of the Current Architecture which limits itself to shape, space and time, which has been exhausted and which has reached its zenith and maximum splendor. We now enter into the New Architecture, “THE ARCHITECTURE WITH CONSCIOUSNESS AND SPIRIT” and for this we need to understand the SPIRIT to the same level that we understand the physical part and our EXTERIOR SHAPE.

*Water and its spirit, is the metaphysical  
connection of man with  
Mother Nature.*

#### WATER, ITS “FATE” AND ITS SPIRIT

Approximately 70% of the Earth’s surface is water, that is why it is called the “Blue Planet”, and the human body is also made up of 70% of water. This shows how important water is in the Universe and how important it is for our existence. MASARU EMOTO, a Japanese investigator used the term “FATE” to describe all the subtle energy that exists in the Universe. He is known for his controversial statements such as the one where he says that a conversation and thoughts addressed to containers of water that were about to be frozen would influence the shapes of the water crystals that would appear when the water froze. He has been all over the world experimenting on the effects that ideas, words and music can produce on molecules of water.

Luis Niñerola cornado

He wants to prove that water is like people and it can have a memory, and the images of the water crystals

from his experiments show how water stores and transmits information. He also wants to prove that water, far from being inanimate, is really alive and can respond to our emotions, words, music and thoughts.

Lawrence Ellyard, in his amazing book "The Spirit of Water" says:

"The main message of water is that we are more powerful than what we think.  
What we do, say or even think has a spectacular effect on water".

"The new thing is that now we can observe this process in a physical way and experiment with it.

Many people have the opinion, "if I don't see it, I don't believe it".

Through the images of Masaru Emoto, "Seeing is now believing".

"For instance, when water was exposed to expressions such as "I love you" or "you are nice",  
hexagonal and harmonious crystals were formed.

When the expressions were something like "you make me sick",  
distorted crystals were formed. They were irregular and lacked structure".

There are other extreme effects that ideas and negative words can have, for example,  
when distilled water was exposed to words such as "how disgusting!" and simultaneously the  
same kind of distilled water was exposed to Heavy Metal music, the graphic models obtained  
were almost identical.

From all we said before, we can deduce some "metaphysical causes" which describe the power  
in thoughts and words, and for each situation in our life there is a thinking pattern and these  
patterns create experiences and realities. When we change these patterns we can change our  
thinking patterns which will give life to the New Architecture.

I have to make a special mention to the books written by MASARU EMOTO, "The Message of Water" and  
"The Hidden Message of Water".

*The most beautiful thing that life has given to me is love.  
To Love!!! It is life, laughter, happiness, sorrows and tears,  
but at the end of the day, it was our past, it is our present  
and it will be our future...*

Furthermore, the famous and well-known French scientist, Jacques Benveniste, published some investigation research in the magazine, 'Nature', about the subtle nature of water. His work showed that "water had a memory" which proves that water preserves the characteristics of those substances which were in contact with each other and it also provides clear evidence that water acts as a recorder liquid that is capable of receiving, storing and transmitting electromagnetic vibrations.

His experiments proved that a substance which dissolves in water can pass on its own characteristics to the water, which indicates to us that "water has a memory" and therefore it can store information. Water molecules have positive and negative poles that act as small magnets which stick to other molecules which are close to them and together they form groups of several hundred molecules.

From what I have said about water, we can conclude that water, aside from having a memory; it can also save both harmful and therapeutic information and transmit it to other biological organisms, including human beings, through electromagnetic frequencies.

Whilst Benveniste studied the influence of substances dissolved and moved about in water, proving that "water has a memory", discoverers such as Masaru Emoto were more adventurous and astonishing because they also pointed out that water can recognise the content of thoughts, words, music and images. Through the photographs of water crystals and their images, Emoto made his innovative discovery which reveals how water stores and transmits information and at the same time, it shows how our conscience is demonstrated (subtle energy bodies) through this liquid medium which we call water.

All this illustrates the ability of our mind to express "conscience in physical form". By reading Masaru Emoto's investigations, he tells us that "we create our real world with our thinking patterns".

The German researcher, Peter Gross, says more or less the same thing as Benveniste and Emoto. He says, "Water has a storage system of immense structures that would be able to fill entire libraries with information. This means that the whole planet has many reserves of this miraculous, natural and economic medicine".

The message that says, "we create our real world with our thinking patterns", is not something new. Intelligent people have taught us this truth throughout time.

But what is a new truth is that now we can observe this process in its physical form and experiment with it in water and through the analogy of the New Architecture.

Through Masaru Emoto's images of the water crystals (Mandalas), "seeing is now believing", even though for many people of nowadays, the phrase was "if I don't see it, I don't believe it." In the case of water, this phrase is actually not valid and generally the natural entities (a person or an architectural habitat) show the difference between its world and another natural entity, through its thoughts and feelings (subtle energy body).

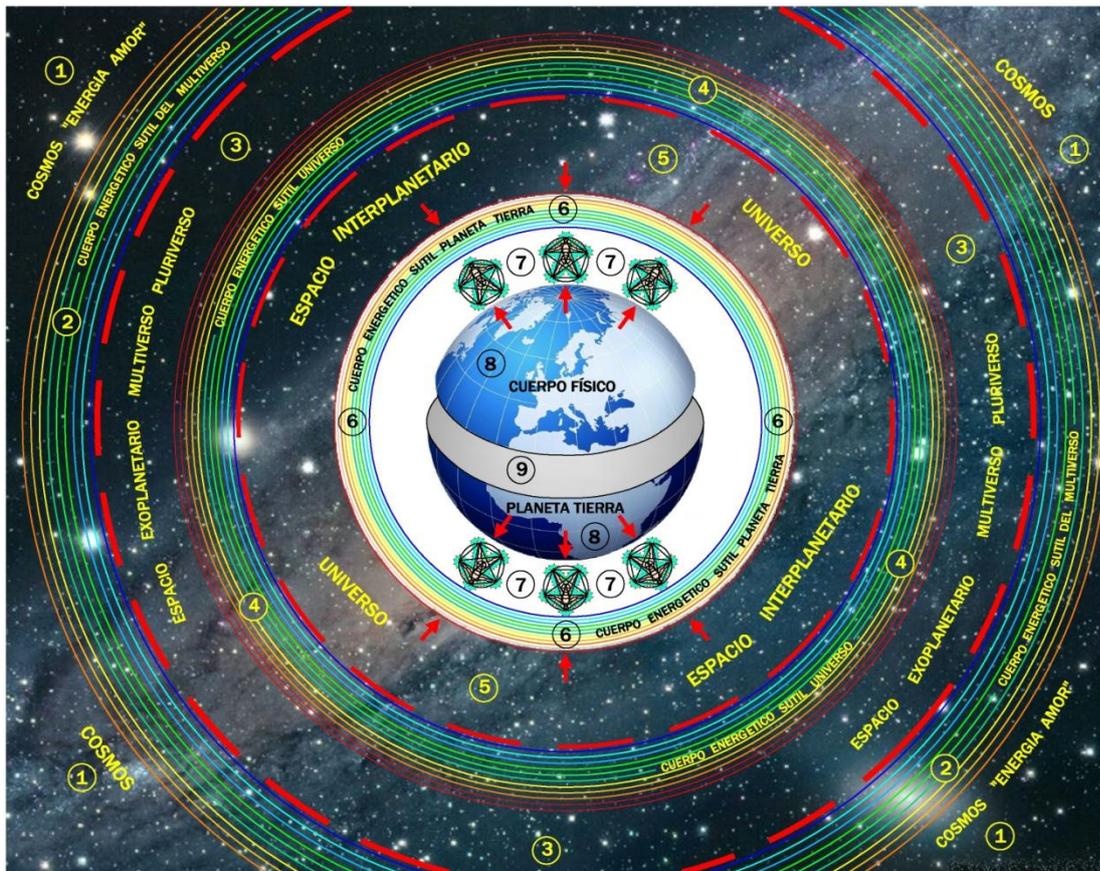
Masaru Emoto's photographs of the water crystals and the first images of the New Architecture, (The Flame of the Earth) and the architectural habitat of "My Manor House '-Casa Pairal'", show that we are much more than our "physical shape"; they reveal that the mind (subtle energy body) is a collection of infinite possibilities of space and when this unlimited potential concentrates itself in a place, it is able to be printed on water or on an architectural habitat such as a building or a city. Both the investigation of Masaru Emoto and the New Architecture are an example that shows that the subtle plan determines the physical. By simply directing a positive or negative intention (a thought), towards water or a habitat, its structure becomes rearranged in a harmonious way and it becomes visible.

#### "Water"

Water and its spirit,  
it is the metaphysical connection of man  
with Mother Nature.

It is spread circularly like waves,  
it acts as Earth's intermediary,  
it relates us to nature,  
plants and ecology.

## THE VITAL CONSCIENCE AND THE STATE OF UNION WITH UNIVERSAL LIFE



1. Cosmos, (Subtle Energy Body) "LOVE ENERGY" (cosmic powers; projects, illusions, dreams, thinking patterns...), energies with a higher level of consciousness.
2. Subtle Energy Body of the MULTIVERSE-PLURIVERSE
3. Ex-planetary Space (dense and subtle energies) of all Universes.
4. Subtle Energy Body of the Universe.
5. Interplanetary Space (dense and subtle energies) of the sun, the moon and planets of the Universe.
6. Subtle Energy Body (Planet Earth Entity) of Subtle Energies.
7. Natural Entity (Human Being and Others):
  - Physical body (dense energies)
  - Subtle Energy Body (subtle energies)
8. Physical Body (dense energies) of the Natural Entity of the Planet Earth.
9. Telluric and Subtle Energy Channels, beneficial and harmful.

## **THE UNIVERSE AND SOME OF ITS RULES, LAWS AND ITS WAY OF ACTING**

The New Architecture, like any Natural Entity created by man, imitates and copies the Universe and its Natural Entities. We will explain some of the rules, laws and ways of how the Universe acts and theories created by man in order to understand the mysteries of the Universe, because if we understand how they function and how they interrelate with each other, then we will be ready to understand and work with the New Architecture, which is full of these universal laws.

### **PHYSICAL BODY**

(Dense energies, finite elements), formed by waves or minor vibrations to the speed of light that are perceived by our five senses within a defined space through four dimensions: three dimensions of space (long, wide and tall) and one time dimension, which is the fourth, that recognises our mind by ordering our events with time.

NOTE 1- We could say that the five senses are like our sensors that control all the information and functionality under the brain's control and there is not one cell in the physical body that can escape from the brain's control and the subtle energy body does not escape from the control of conscious and unconscious thoughts.

NOTE 2- All that we accept through the five senses of neurovegetative collectors that come from the interior of the body and all that we think and dream can be translated into a biological reality.

NOTE 3-We are a composed entity that is made up of four inseparable realities: organic, cerebral, psychic and energy, in such a way that a personal feeling has an effect on the four biological levels.

NOTE 4-The brain does not distinguish between the real and the imaginary. An emotion is created when we do not fulfil all of our fundamental needs. If this emotion releases itself into the exterior, (through dreams, dancing, words or in some type of artistic way), everything

will be fine, but when this event is not expressed, it remains within the interior. The body becomes the last scene of this event and it will produce pathologies and negative energies.

### **SUBTLE ENERGY BODY**

We could briefly define the body of a subtle energy as a common surface between the organism (physical body) and the exterior energy environment. It is like a structure composed by a certain type of cold plasma, the bioplasma.

The complex interactions between the energy systems of the organism (physical body) and the exterior energy environment are the result of the mediations of the "Subtle Energy Body", (bioenergetics common surface between the physical body and the exterior energy environment). Under the impact of internal and external factors, the balance of the subtle energy body alters, but only by a little bit, and successively the balance is quickly restored.

We have all heard about the AURA and ultimately we know that the Aura is the subtle energy field that surrounds man and which Doctor Gerber named Subtle Energy Bodies. They are duplicated or energy moulds that are located in other dimensions of space and time and are formed by waves and vibrations which are faster than the speed of light, which prevents us from being able to perceive them with our five senses. They are interconnected, interpenetrated and overlapping concentrically with the physical body.

This brings us to the theory that a Subtle Energy Body exists; it guides and controls the biological body as well as converting the human being into a multidimensional being. As it is formed by waves, the vibrations convert into electrical impulses that give life to the physical body through the Pineal or Epiphyseal Gland (this is found hidden in the interior of the brain; it is as small as a pea and in the shape of a nut). It creates a real switchboard of the perception of Subtle Energies (vibrations), whose vibratory energy transforms into electrical impulses. This makes life be a continued variation of electrical voltage.

Obviously without this energy system, our organs, blood and vital functions would stop and we would die. Energy is released from the Emotions of feeling and thinking, created by the Subtle Energy Bodies, which gives life to the physical body and confirms to us that vital strength and the principle of life is where you will find the key to rational thinking, a real biological watch that regulates the level of operations that develop in our brain.

When science develops and we know the Subtle Energy Body just like we know the Physical Body, and we enter inside to repair organs and parts of ourselves, unimaginable consequences will be produced in all branches of knowledge because then the Doctor will be the one who cures diseases before they are diagnosed.

Why? Because this subtle energy body is constantly emitting positive or negative subtle energies and if we have a serious and violent emotional problem during a prolonged period of time, the body will constantly emit negative energies that will produce a pathology in the only place that they can produce it, in the Physical Body, and in this specific case, a violent or aggressive emotional problem will produce a serious illness such as a heart attack or a tumour.

When we know how to access, act and repair the symptoms in a Subtle Energy Body, we will have cured many diseases before it produces the pathology in the physical body.

To conclude: "Diseases are an attempt of self-treatment, a biological reaction of survival, faced with an event which is emotionally uncontrollable so that any damaged organ corresponds to a precise feeling and has a direct relationship with the emotions and thoughts."

Christian Flèche, father of the biological decryption theory.

In order to better understand this, we are going to talk about the "astral splitting". In this state, people have a sensation of separating themselves from their physical body and seeing it from a distance, even though they are dreaming or in an unconscious state. There are also people that experiment with this type of splitting or dividing due to an accident or a clinical death. Floating above their own physical bodies completely unconscious, they watch the doctors and nurses

moving and listen to their conversations.

However it is also necessary to mention the perception of energy realities which come from other dimensions that use the known technique called "Instrumental Transcommunication". This has been experimented with through audio tapes and under fixed experiment conditions where they record voices of dead people, which provide unedited information about their lives.

To sum up, the structure that we call the "Subtle Energy Body", aside from being the memory that guides the physical body, its organs and its systems, is also the guide of the conscious state, of emotions, thoughts and creativity.

Some researchers have considered the subtle energy body (etheric body) as a hologram, which means that every bit of its parts seems to contain information that affects the entire organism.

The Romanian, J.Dumitrescu, has accurately obtained an extraordinary result that confirms the theory written above, after photographing a sheet of paper that had a circular hole cut out in the middle. The electrographic image has revealed a smaller sheet of paper than the original but with completely similar proportions, right in the centre of the hole.

#### **"THE EYE OF WISDOM" – THE PINEAL OR EPIPHYSEAL GLAND!**

It is like a real switchboard of the perception of subtle energies, it is found hidden in the interior of the brain and it is the size of a pea and in the shape of a nut. According to the German scientist, E.Dolt, it can specify certain longitudes of waves, whose vibratory energy converts into electrical impulses. It produces a hormone, Melatonin, which comes from another chemical substance called Serotonin that scientists have discovered in huge quantities in the pineal gland. Serotonin links the interaction between subtle invisible energy bodies, where you can find emotions of feeling and thinking, and physical bodies and together they both form the indivisible Natural Entity of the "Human Being".

#### **"FLUENS"**

Everybody produces, absorbs and gives off a huge variety of dense and subtle energies that are called "Fluens" and they are formed by ordinary dense energies and the vital subtle energies. The first can be captured and amplified by sensitive apparatus.

To conclude, "Fluens" is formed by vital subtle energy and by ordinary dense energies which can be captured and amplified using sensitive apparatus such as a thermometer.

#### **ENERGY FLOW**

This is a kind of an invisible flow that carries energy, loads and information that becomes almost like the petrol of all the vital functions.

Albert Szent Györgyi was awarded with the Noble Prize of Philosophy and Medicine in 1937 because he discovered Vitamin C and he developed theories of quantum physics, which were applied to the biochemistry of illnesses such as cancer. His description of an organism is: "There is an invisible flow that goes through the organism, a flow whose particles carry energy, loads and information and they are able to fuel all the vital processes".

## **ENERGY MEMORY**

This is the Etheric Body and represents a type of memory of the state of health of a physical body.

## **CHROMOTHERAPY**

Chromotherapy explains to us how colours can heal, why each one has a series of properties that act over our body and mind.

## **NATUROPATHY**

Naturopathy teaches us to select and use all the innocuous elements of nature and to respect all its laws that it freely offers to us.

## **AROMATHERAPY**

This consists of naturally utilising the distilled plants' essences so that it benefits health and beauty. It effectively treats pains and injuries, by directly inhaling aromas, through the sense of smell that then arrives to the brain. The smell stimulants arrive directly to the internal connection centres because the olfactory region possesses primary sensitive neurones that form part of the cerebral neurones.

## **DOWSING**

The term Dowsing was defined by Bouly in the twentieth century and it means that every human being possesses the innate capacity to be able to give a neuromuscular response to certain stimuli, reflected by instruments such as pendulums, rods or simple branches of specific trees that they use for detecting things from underground rivers or water wells to the location of missing people with health problems. In this case, it is called "Dowsing" and it is very popular in the Middle East where they use it to carry out diagnostics and apply energy treatments. We call the people that have these powers, "Dowsers" and they are people that have developed this skill of connecting people with their interior, by possessing a more developed sensitivity, a "sixth sense".

## **GEOBIOLOGY**

You can define Geobiology as a science that studies the relationship between "gea", the Earth, the energies which come from the earth, and "bios", life, which means the human beings who inhabit it. To include all the fields that this science covers, it is actually inappropriate to use the term Geobiology.

But seen from a wider and more holistic point of view, it would be defined as the relationship between the whole Cosmos and the energies from the entire Universe. In my understanding, it would be more appropriate to call it "Cosmogeobiology", like Mariano Bueno calls it.

We know that the subtle energy is produced through all the field of dense energy (electricity, magnetism, light, heat, gravity) and also through all the living being.

The fields of dense energies (electricity and magnetism) produce two different forms of subtle energies:

- + plus (POSITIVE) that has a stimulant effect on living organisms.
- minus (NEGATIVE) that has a sedative or inhibitory effect.

We are surrounded by an enormous number of dense energies and each one of them can exert an effect on our subtle energy body and consequently on our physical and mental health.

Harmful energies (saturated or clogged), come from all electronic apparatus, in some cases from planet earth itself and even from ill organisms. Therefore, it is important to live in an environment of positive energies (beneficial) in the aspect of subtle energies and eliminate as much as possible the environments which contain dirty, negative or harmful energy.

We constantly receive enormous quantities of subtle energies from the planet, plants, the sun and the entire Cosmos. Trees, along with the hyper-dimensional characteristics of the terrestrial globe, carry out an “energy transmutation” which means they transform harmful energies into pure and beneficial energies.

And it is clear that it is not only about physical (dense) energies of nature but also astral and mental (subtle) energies.

Thanks to these inexhaustible energy sources, our subtle energy body is full every day and it keeps us alive and when these sources begin to go missing, we feel depressed and tired.

**THERE ARE MANY OTHER SECTIONS ON THIS TOPIC...**

## **TELLURIC ENERGIES AND THEIR NETS**

The term “telluric” comes from the Latin word, “tellus”, which means earth. Telluric energies can be defined as the collection of energies and radiations that come from the earth and they are present on the terrestrial surface and they come from the ground. In some places they are dangerous for our health and therefore these places will be considered as geopathogenic areas.

## **TELLURIC NETWORKS**

These can be defined as networks or meshes that freely encircle the planet and they are used to relieve part of the energy that is generated in the interior of the planet, which comes from the cosmos and from the artificial electromagnetic contamination that ends up penetrating the earth. The two most harmful networks or meshes that we know about are the “Hartmann net” and the “Curry net”.

## BRIEF HISTORICAL OUTLINE

Many centuries ago:

-The Chinese looked for disturbance areas on ground before building, separating themselves from the “dragon’s veins” and “devil’s exits”.

-The Romans grazed their lambs in a chosen place before building their cities and they sacrificed them in order to examine and study their livers. If they found any anomaly, they would choose another place. They knew about Dowsing and they searched for water and minerals with a wooden wand.

-The Celts also studied the ground and they knew how to find the places which contained positive energy and it was in these places where they built their places of worship.

-In Germany, the baron Gustav Von Pohl, carried out a strange experiment with a group of doctors and dowsers, in the city of Vilsbiburg in the year of 1927. They discovered that the people in this area who had died from cancer had their bed situated vertically in crosses of water currents and they established that these crosses which they called “ray point” could be considered as “geopathogenical areas” which are very dangerous for people’s health.

-The French engineer Pierre Cody, centred his investigations in the ionisation of air in the verticality of underground veins of water and in 1935, he discovered that the gas, Radon, was responsible for causing lung cancer (something which science would reassert much later).

-The French Doctor Peyre states the existence of some cosmic telluric radiations orientated from North to South and East to West, separated by bands of 7 to 8 metres.

-With this database, Doctor Ernest Hartmann started a series of studies in Germany in the middle of the last century. He measured the electric resistance of people in different places which allowed him to detect the existence of a net or geomagnetic mesh, composed by bands or walls of energy

of 21 centimetres and separated by 2.5 metres from North to South and 2 metres from East to West (figures vary according to the ground’s composition).

Its density and harmfulness increases by coinciding with geological faults and veins of underground water. This mesh covers all the planet with the exception of the poles and it is known as the “Hartmann net” or “Net H”. This net or grid of subtle energies comes from the subsoil and it vertically rises upwards by more than 2,000 metres, creating a grid of radiations and areas of cosmic telluric disturbances.

-And according to a partner of Hartmann, Palm, the global measurement of the ground, that we have already mentioned, 2x2.5m, corresponds to a line of semi-distances. The real measurement is 5 to 6 metres from North to South and 4 to 5 metres from East to West and this band is called the First Order.

-The Swiss Doctor, Manfred Curry, together with Doctor Witmann, detected a net in 1954, that was obliquely arranged by the four cardinal points and he called it “Curry Net”.

He also observed the absence of faults, joints, caves, rough ground and radiations that are not harmful for our health. The places where a cross from the “Curry Net” and a cross from the “Hartmann net” coincide is known as “Star Point” and they are areas which are especially geopathogenic and capable of generating a degenerative disease in our organism in years to come, if we have the misfortune of our bed being situated on one of them.

-The Guy Tisson wells and cosmic telluric chimneys are like respirators of harmful radiation that randomly rise up from the subsoil; it is one of the most dangerous telluric alterations for our health.

The underground veins of water are one of the most well-known geopathologies. They vertically alter the subtle energy due to friction. The greater the volume of flow or the speed of it, the more harmful the emitted radiations will be. A cross of two or more underground veins (ray point) at a different level can become a fatal trap if the bed is situated vertically.

## **TRANSMUTATION**

Transmutation is a subtle process that consists of transforming dirty and clogged energy into pure energy.

### **PROCESSES OF EXISTING SOURCES IN THE PLANET**

There are basically two types of processes:

- Congestion
- Transmutation

The process of congestion carries sources of negative subtle energies.

The process of transmutation is the subtle process that consists of transforming the dirty and clogged energy into pure energy.

Trees are the most powerful transmitters that continuously work for the health of our energy and they are capable of transmitting pure subtle energies to dirty and clogged energies which are emitted through energy systems.

And the Cypress tree is specifically one of the most powerful transmitters of our climate because not only does it purify the subtle energies of the air, but it also does the same with the surrounding terrain. Flowers can be found amongst things which are full of the planet's subtle energy. Salt water has a great ability to absorb subtle energies and is an excellent conductor of electrical currents and also of subtle energies. This allows the sea to transmit dirty and clogged energies, which are probably the waves, by releasing oxygen in the water.

Plants in general are the best detectors of subtle energies but they are also the main instruments used to decontaminate the subtle energy of Planet Earth.

### **COLLECTORS OF SUBTLE ENERGIES**

A huge part of the subtle energies is a mixture of pure and clogged energies, where the clogged energies are associated with pathological states of suffering and discomfort.

Pyramids, circles, cylinders, triangles...they are subtle energy bombs. It is known that certain shapes and figures conduct subtle energies. Therefore they could be called Collectors because on one hand, they inhale subtle energy and on the other, they release it. To sum up, many three-dimensional shapes and objects act like real subtle energy bombs.

## **SUBTLE CONDUCTIVITY OF MATERIALS**

The subtle conductivity of metallic materials is hugely superior to the subtle conductivity of insulating materials, such as wood. In a modern building the metallic structure usually transports higher subtle frequencies to higher floors and the lower frequencies to the lower levels.

However, in buildings which are used for workspaces, computers, fax machines, telephones... dense energies (electric, electromagnetic, magnetic and other types of fields), neon lighting, air-conditioning and the fitted carpet make up all the offices and therefore they are all essential. And if we add to this that they are in a building made of metal and glass which is completely isolated from the exterior, then the result is that they exert harmful effects on the people that work in these buildings and also on the subtle energies (harmful and negative) which are created in this environment. This implies frequent illnesses, depressions, stress and anxiety for the people that inhabit these habitats.

## **DISTRIBUTION OF SUBTLE ENERGIES**

Both the pure and clogged subtle energies are distributed in the shape of rings, as concentric spheres around solid bodies.

What can you find in a Subtle Energy Body? You find the energy memory of the physical body and we can say that the subtle energy body is the memory of the structure of functions of the physical body's state of health. This is the reason why the illnesses are seen first in the subtle energy body, through the energy unbalance and shown in the physical body as a symptom.

## **PLASMA AND BIO-PLASMA**

The plasma is the central element of the environments' therapy and we could say that it is a certain state where the air gases are ionised. Our energy body is made up by a particular type of plasma that is connected to our life and which is named Bio-plasma.

Normally we spend a huge part of time in enclosed environments and as the bio-plasma depends directly on the environmental plasma, we have to look after the plasmas of the environments in which we live in so that positive effects are created for our health.

“Level of Consciousness”

How much higher is the level of consciousness,  
The mathematical theories and physical phenomena  
Transform themselves into philosophy, subtle thinking energies,  
(words, thoughts, feelings...)

## **“CONCIENCIA” AND “CONSCIENCIA” (CONSCIENCE)**

### **“CONCIENCIA”**

This refers to the knowledge of yourself, the knowledge that the human spirit has about its own existence, states or acts. Conscience is applied to ethical things, to judgements on the good and bad of our actions and it allows the interaction, interpretation and association with external stimuli and its associations. This means the knowledge that surrounds us, taking the five senses as a foundation.

### **“CONSCIENCIA”**

There are two different words that express ‘conscience’ in Spanish but they mean slightly different things. There is no definite definition of “consciencia”! Some consider it as a synonym of the mind, but it is intimately considered as something related to operative memory, attention and the controlled processing of an active process of interpretation and construction of external data (subtle energies, emotions of feeling and thinking) and of the memory related to itself. We could say that the “consciencia” is associated to a state of union with universal life, in a state of continued expansion like the Universe.

“It is more present for some rather than others. The certain thing is that the things which are further away from our own will connect us with all the lively things. Bearing in mind that there is nothing that is lively in the physical world, from our bodies to the stone electrons, we could say that we are connected through this infinite and universal energy of vital conscience.

Maybe this level of consciousness is a complete language and a unifier that connects us with everything. Because in the end, being conscious is simply realising that we are One in a Divine Consciousness.” (José Luis Ganchequi)

## **THE SUBTLE POSITIVE ENERGY IN SIX POINTS**

I recommend you to read Roberto Zamperini’s book, “House Therapy”, as a book of reference in the architectural design under the premises of the New Architecture. It contains many exercises and experiments that will begin the journey towards the discovering of and knowing subtle energies. His book, as well as many other things, summarises the subtle positive energy in six points:

1. Knowing the nature of the subtle energies.
2. Knowing the structure of the subtle human energy system.
3. Understanding the way in which the human energy system interacts with the environmental energies.
4. Learning to know the subtle energies.
5. Understanding the technology principles of subtle transmutation.
6. Learning to decontaminate the environmental energies.

## **“VOCATION”**

It is being in a harmonious state with Universal life  
and it is something which gives sense to life,  
giving the sensation of being fulfilled with life  
and it is not something vain.

And under no circumstances, it cannot usually happen  
with a transitional object.

## **HOLISTIC**

Holistic is a word which derives from the Greek word “holos” which means “all” or “everything”. So far, the concept of the universe being composed by atoms pre-dominated our pure and rational mind, and the whole phenomenon was the result of “Cause/Effect”, with a mechanistic philosophy (Newtonian) that is very partial and with a unique and concrete cause. Einstein brought us to new concepts and currently to Quantum Physics which corroborated new visions to us which predominates the concept of “everything”.

Our body and any natural entity cannot be treated like a mechanical structure that sets itself up and detaches itself, but instead it is like a genetic, a spiritual conscience and a physical structure with parts that are united by a series of phenomena related with itself and also related with the Universe because they are part of the universe.

With all this that has been said, it is important to understand that the holistic knowledge is directed to simultaneously capture all of the aspects and parts that form a thing and the way in which all these parts interact between themselves produces this object as a result; an alive being or an idea which is so specific and original that is cannot get confused with anything else.

Aristotle defined the general principle of holism with his sentence, “Everything is greater than the quantity of its parts”.

## **THE UNIVERSE**

We could say that it is something which exists physically which means in all shapes of material, energy, laws and the constant physics which regulate it. But seen from a wider and more holistic level of consciousness, it is the collection of everything which happens (material, physical, biological and spiritual, conscience, subtle energies...), and in our four-dimensional space and other spaces in other invisible dimensions that interact, they interrelate themselves with everything, simultaneously and holistically.

## **MICROCOSMOS AND MACROCOSMOS**

### **MICROCOSMOS**

In philosophical terms, the Human Being can be understood as a reflection of the Universe and like a miniature Universe. In the new paradigm of science, we are all universal!

## **MACROCOSMOS**

This is the Universe in its entirety, especially when it is compared with man who is considered and conceived as a microcosmos or as a small universe. We could also say that the macrocosmos is the universe or group of everything that exists on Planet Earth and outside of it and this universe is considered as a lively being similar to man (microcosmos). Like man, it is made up of body and soul which means a physical body and a subtle energy body that form an indivisible whole.

## **BLACK HOLES, THE SUPERSTRING THEORY AND THE EXISTENCE OF OTHER DIMENSIONS**

In the natural attempt of man to know the Mysteries of the Universe, one of the problems that were faced by physicists was when they applied general relativity to objects which had only recently been discovered such as black holes, and they had to make them compatible with quantum mechanics.

Firstly we have to understand how they connect gravity, quantum mechanics and black holes. This will allow us to find the key to the next door, the next step in overcoming the mysteries that surround us and understanding black holes. If we manage to understand how to apply quantum mechanics to a black hole, then we would be able to create "The Theory of Quantum Gravity" and then we could solve the mystery of black holes and how the world began and we would open the door to new horizons.

We know that millions of places exist where the equations of Albert Einstein do not make sense and apparently it seems a contradiction to apply quantum mechanics to a black hole which is something that has a huge mass and normally quantum physics applies to a subatomic scale. In general physics an object has a fixed place and in quantum mechanics an object can be in various places at the same time.

Quantum mechanics seems magical. It describes almost everything; there is no way out from it. The world in which we live in is a quantum world. These advances keep a relationship with certain quantum effects which are discovered and associated to black holes. These quantum effects reveal a relationship between black holes and the laws of thermodynamics.

As Nature is more intelligent than us, if we want to understand the Universe, we have to accept that the entire Universe comes from a singularity and that the gravity of a black hole affects everything that surrounds it and nothing can escape from a black hole. And we have no choice but to continue creating new theories that function, that let us discover new ignorance of the Universe and let us solve the new mysteries of all times.

## **BLACK HOLES**

Firstly we have to mention the famous scientist, Stephen Hawking, whose theory said that in a dense turbulence which is created by the phenomenon known as the Big Bang, external pressures were formed which helped to form mini black holes. He also described the phenomenon which is known as "Radiation Hawking". The mechanism that explains "Radiation Hawking" is very complex and produces results that go beyond the logic. Once again we are in the world of quantum mechanics where objects and particles do not respond like normal matter, which is what we are used to, and they usually behave in way that can only be predicted mathematically.

It is advisable to read and consult Hawking's scientific articles and his books in order to have a clearer vision about a black hole. We are now going to concisely define it anyway:

Black hole! It is a celestial body with a gravitational field which is so strong that not even electromagnetic radiation can escape from its proximity. It is like a hole because matter and radiation fall into it without being able to get out and it is black because light cannot even escape (this means that it does not emit any type of light or radiation that can be detected). Another way of describing it would be that a “black hole” is an object for which the speed of escape is greater than the speed of light, known as the latest limit of speed in the Universe. Every black hole is surrounded by a border which is called the “horizon of events”.

## **THE SUPERSTRING THEORY AND THE EXISTENCE OF OTHER DIMENSIONS**

Is Science in a position to demonstrate that there are other invisible dimensions that interact with ours? Nowadays the Superstring Theory defines the Universe as something which is formed by a multitude of vibrant super-symmetric strings and this theory is considered the natural successor of the cosmological findings of Albert Einstein for a theory that we now call “Theory of Everything”. In 1915, Einstein proved that his famous law of space and time, that he stated as four dimensions could be extended, waved or become deformed by a particular strength, gravity.

Einstein spent 30 years of his life trying to create a theory that integrated relativity with a quantum theory as they were not compatible in their application field.

Physicists have identified four types of strength or interaction amongst matter in the Universe: gravity, electromagnetism, weak nuclear interaction or strong nuclear interaction.

Gravity and electromagnetism are explained within the relativity theory as phenomena on a super-atomic scale, from molecules to galaxies. Strong nuclear interaction and weak nuclear interaction are phenomena on a subatomic scale and are only produced between components (quarks) of particles that are created in the atomic nuclear and are explained through the quantum theory.

The Superstring Theory represents one of the most impressive advances which explains the Universe as being formed by a total of 11 dimensions, four of them we already know (three spatial dimensions and one time dimension) and seven more that are invisible and are in the shape of string and created by different strings. These strings expand and vibrate in multiple dimensions and they vibrate at a longitude frequency of Planck, creating notes. It could be explained that so many subatomic particles exist that would correspond to different notes or sounds created by the different strings. If the superstrings were truly a quantitative explanation of all the particles and interactions of Nature, we would be in front of one of the greatest scientific achievements in the history of man. It fits to mention that the superstring is not a unique multi-dimensional theory of everything.

There is also the Branas theory that consists of substituting the strings for parts of a membrane. However we could say that the Superstring theory seems to be more outstanding in order to determine the phenomena which have taken place in the Universe as a consequence of the foundation of the four strengths: gravity, electromagnetic strength and the strengths of nuclear interaction (weak and strong).

## **“YOUR VISIONARY LIFE”**

Your visionary life,  
created to be the echo  
and the voice of a song: In the hope for anything...  
a flag of friendship  
and harmony.  
Because we will feel the speed of light  
and we will not grow older in life.  
Our Planet Earth,  
although it is lost in the immensity of the Universe,  
it is all that we have.  
On the path of life,  
which is very busy  
and where the footprints of the new arrivals  
wipe away the footprints of those who have already passed through it,  
through our Planet Earth.

## NEXO NEXUS BETWEEN THE CURRENT AND NEW ARCHITECTURE

The link between the two architectures is that they have the same parts that the body and the Cosmos or the Universe have. They are formed by a physical, a biological and a psychological part, a spiritual state of mind and subtle energies that form an inseparable whole. I do not intend to prejudice or divide this whole under any circumstances and even the Current Architecture has already covered a part of the path in the History of Architecture, the physical part, “the biological Shape” to its full capacity. This is why we do not need to worry about the physical part of architecture because we already know enough about it; we know how to solve its problems no matter how complicated they may be. Now we continue going forward, my contemporary friends, as I ask for your help in discovering the psychological part, the spiritual state of mind and the subtle energies of the New Architecture as I need the support of everybody. The goal is far away but it is achievable, even if it is a “radical change” in the creative and executive performance of architecture and its agents. The objective is to give life to the mind, to the subtle energies of architecture. This is why we need all the creators and entrepreneurs of the world, especially “The stars of the Current Architecture and of Construction Engineering” because they possess the necessary sensitivity to do important things in this new way of working.

*Let's start working; if we don't start now,  
tomorrow will be the same as yesterday,  
the time is today, now.  
Let's go on down the road of Architecture!!!*

### OBJECTIVES OF THE PROPOSAL

Friends, maybe I am a bit too daring, but I have to tell you that I am sane, they are not hallucinations from a “MEIGA” (witch) and I do not want to destroy 3000 years of the History of Architecture. In fact I want to do the contrary. Thanks to this History and to my contemporaries we have reached the day of today and I am as I am and I think as I think and I can make this proposal of a New Architecture that is in my mind like a newborn baby, so that I do my bit, which is used as a driving force for this architectural era.

### OBJECTIVES OF THE ESSAY ON A NEW ARCHITECTURE

There are basically two objectives of the New Architecture:

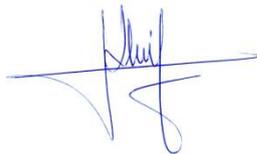
1. To be inspired only and exclusively by the state of mind or the spiritual (metaphysical) part, by the psychological energies that are formed through thoughts and feelings and by the subtle energies of man and the Universe; its interaction between the material world and the world of subtle energies that comes from the “afterlife”. This means that whatever comes after nature goes beyond the physical. The thinking patterns will make this New Architecture of the twenty-first century real which will be halfway between the dualism of the “now” and the “afterlife”, and this will create Interior Beauty.
2. To have happiness, the health of a human being and the ecosystems of the universe as the only main objectives. To do this, we must create and make healthy houses, healthy buildings and healthy cities!

*Writing is the voice of the heart,  
think well and you will live better.*

## POSTSCRIPT

I am 59 years old and I am a lucky man and today is "Saint George's Day", the patron saint of Catalonia, Spain. In this Catalanian country, we celebrate the day of "The Rose and the Book". On this special day, men give a rose to the women that they love (wife, mother, friend) and women give a book to the men that they love (husband, father, friend). In addition to all this, I live in Cambrils, four or five kilometres away from Riudoms where Antonio Gaudí Cornet (1862-1926) was born and where he grew up. To me, he is the great Master of Architecture. And as he said in his own words, "...and with the Prades mountains behind me, I captured the purest and most pleasant images of nature...". He also commented on the influences of the Mediterranean Sea with regards to BEAUTY: "the people who live in the countries which are bathed by the Mediterranean Sea feel the BEAUTY more intensely than Northern European Countries. That is why the most important works of Art have been created in Mediterranean countries such as, Egypt, Greece, Italy, France, Spain, Turkey, Morocco, Algeria and Tunisia. They have the vision which is most deeply connected to BEAUTY due to their proximity to this sea and to the direction of the sun rays which is close to 45 degrees, the most suitable inclination for a perfect vision of Nature as the qualities of Beauty, Harmony, Proportion and Colour will obtain a higher degree of perfection in geographical terms. And from my Architecture Studio, which has 360 degree vision, if I look to the south I see the Mediterranean Sea, "Mare Nostrum", to the northeast I see Riudoms and to the North, I see the Prades mountains which inspired Gaudí.

*What else can I ask for?  
Days of life and Health to enjoy it!*



**Luis Niñerola Cornado**

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Note: Page 1 is page 27 of the book and page 30 to page 54.